12 June 2014

FROM THE PRINCIPAL’S DESK

Dear Parent/Carer

Congratulations to our senior students on their behaviour at our sports carnival day with Coomera Springs, Coomera Rivers and Highland Reserve State Schools last week. I received many positive comments back from staff and from the Principals of the other schools about the behaviour of our students and I thank them all for the choices they made on the day. Huge congratulations to the Year 6 and 7 children who won both the overall and the sportsmanship trophies and to the Year 5 students who won the overall trophy at their carnival, a fantastic effort.

Whilst I had to be at a number of meetings on Tuesday I was able to spend some time at our Junior Athletics Carnival, and what a great success it was again. It is so good to see the young students getting involved and striving for their best, participation in sports is very important as the impact of good health on learning and engagement in learning is well-researched. Thank you to Mrs Cook and Miss Heath for organising and preparing the day and to the staff for their work in creating such a wonderful occasion. Thank you also to the parents and family members who were able to make it for some of the day.

A couple of weeks ago and again last night we held an information session relating to our Smart Maths program, these sessions were well attended and gave those who were able to attend a great look at the range of activities we do with our students to increase their mathematical knowledge. Thank you to Mrs Tramier and Mrs McGregor for planning and running the sessions and for their commitment to this program.

Next week, Wednesday 18 June, we will be holding an information session relating to Daily 5 and CAFE, which are the basis of our literacy program for students in Prep to Year 4. The session will be at 3.15pm. An evening session will be held on Wednesday 25 June at 6:00pm. I hope that you are able to come along and gain some insight into how you can support your child with their literacy development, particularly around reading. If you are intending to come along to a session please let the Admin Office know so that we can select an appropriate space for the sessions. Thank you to Miss Diamond, Mrs Green and Mrs Gough for their organisation of the sessions and their abundant enthusiasm for this program.

As a school we have commenced a process to create stronger links with our local early childhood centres so as to work together in preparing children for entry into Prep. We held a meeting two weeks ago at which ten of our local early childhood centres had staff attend. The session was a great success and has commenced a journey which we hope will provide opportunities for us all to build successful beginnings for all students as they attend early learning centres and enter Prep. It was fantastic to see the level of interest and the focus on children and their needs as learners and as people.

Just a reminder that smoking is not allowed inside the school grounds under any circumstances. It would also be appreciated if smoking did not occur at the exits to our schools as the children are leaving at the end of the day for obvious health reasons. Thank you for your consideration in regards to this matter.

Have a great fortnight.

Regards

Craig Larden
Principal

DEPUTY PRINCIPAL NEWS P - 2

Hello Everyone

We are nearing the middle of our school year and this is when formal reports are sent home to inform you of your child’s developmental progress for semester one. Over the past week I have had the pleasure of reading every report card of the students in the Early Phase of Learning. It is a lengthy process however it is an opportunity I look forward to each year as I can be informed about our student’s progress on a very individual level. Written reports are the culmination of all assessment tasks which determines academic achievement. This is combined with a student’s effort and supported by a comment to communicate the learning your child has achieved or areas to be further developed next semester. Please take the time to read about your child’s progress and I would encourage you to make an appointment to see your child’s classroom or
team teacher to discuss it further should you require it. Special thanks to our teachers for their extra effort and time throughout the assessment and reporting period. It is certainly a huge task to complete within a certain time frame and we appreciate your dedication to this. Your commitment and effort is appreciated.

Formal Reporting Year 1 & 2

If your child is in Year 1 or 2 this year their formal report will be issued at the end of this term. I have included an explanation of the grades they will receive. If you require further clarification please make a time with your child’s classroom teacher or alternatively a time to see me. Hopefully the information below will assist you. Please remember that ‘Sound’ is something to celebrate. It means that your child is achieving at year level standard.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very High</td>
<td>The student applies a thorough understanding of the required concepts, facts and procedures. The student demonstrates a high level of skill that can be transferred to new situations.</td>
</tr>
<tr>
<td>High</td>
<td>The student makes connections using the curriculum content and demonstrates a clear understanding of the required concepts, facts and procedures. The student applies a high level of skill in situations familiar to them and is beginning to transfer skills to new situations.</td>
</tr>
<tr>
<td>Sound</td>
<td>The student can work with the curriculum content and demonstrates understanding of the required concepts, facts and procedures. The student can apply skills in situations familiar to them.</td>
</tr>
<tr>
<td>Developing</td>
<td>The student is exploring the curriculum content and demonstrates understanding of aspects of the required concepts, facts and procedures. The student applies a varying level of skills in situations familiar to them.</td>
</tr>
<tr>
<td>Support</td>
<td>The student is becoming aware of the curriculum content and demonstrates a basic understanding of aspects of required concepts, facts and procedures. The student is beginning to apply skills in situations familiar to them.</td>
</tr>
<tr>
<td>Required</td>
<td>Insufficient evidence to make a judgment.</td>
</tr>
</tbody>
</table>

*Note: Formal Reporting for Prep was outlined in the previous newsletter.

Our Early Years Athletics Carnival was held this week which provided so much fun and positive competition for our students. Unfortunately I was unable to attend the carnival but I have been told that students participated with enthusiasm and had a smile, as they crossed the line. It was wonderful to hear that all students participated and were confident enough to have a go. A huge thank-you to Mrs Cook, Miss Heath and Mr Gems for your efforts and time in creating such a wonderful, engaging event, you are all to be congratulated. Thanks to our students who once again demonstrated outstanding behaviour and great sportsmanship. Thank you to all of the family members who attended the carnival day. It’s great to hear of so many taking the time out of your busy lives to share this experience with your children.

Our wonderful pedagogical coaches Mrs Martina Tramier and Ms Samantha McGregor have over the past fortnight presented two SMART Maths parent information sessions which were very successful. Many thanks for the extra effort put in to inform our parent body about how to support their children in Maths.

Ms Jackie Diamond, our awesome reading coach and her team consisting of Mrs Rose Gough and Mrs Gayle Green will be conducting two information sessions for the Daily 5 Literacy Program on Wednesday 18 June at 3:15 and Wednesday 25 June at 6:00pm. All Prep to Year 4 classrooms are involved in this program as part of their daily/weekly literacy block. This is another wonderful opportunity to gain further information about the strategies used to assist your child. Ms Diamond has a wealth of knowledge and experience in the teaching of reading and I thank her in advance for her time and effort toward this event.

I have certainly seen both SMART maths and Daily Five in action and students increased enjoyment of these areas is evident when I visit them. The best part about the programs are that they create a buzz about Reading and Number, which are the essential building blocks for lifelong learning. Supporting your child in Literacy and Numeracy are one of the best gifts that you can give your child. Please support these events if you can. Details of all of the parent sessions are outlined further in this newsletter.

This past fortnight I have been conducting some observational visits in the Early Phase classrooms and WOW, was I impressed. The learning that was taking place was awesome. Just wanted to acknowledge some students on their fantastic efforts:

- Isaac and Bonnie-May from the Echidna class shared with me their retell of the story of the Three Little Pigs. They were able to reread their wonderful writing and they gained special certificates for their efforts. Leon and Harlem also from the Echidnas were able to explain to me what reading stamina was and why it is important. Great job boys, I was really impressed. Well done.

- Oliver, Kingston, Cezin-Honey, Lachlan, Grace and Amelia from Wombats did an awesome job of working on words while I was visiting their room. They were writing great sentences using their sight words which was wonderful to see. I really enjoyed the learning you shared with me.

- Ethan from Ms Davis’ Dingo class read beautifully to me and was able to share the expectations of Read to Self when he completes Daily Five. Great job!

- Sam, Cooper, Persha and Lucy were all able to articulate their opinions about why chocolate was better than ice-cream and vice versa when writing a persuasive text. They were able to construct very valid reasons to support their argument. Great to see.

- Tiffany and Thomas from the Platypus class shared their illustrations of their Chinese Dragons. A copy is now on display in the Hall of Fame in our Administration building. What talented artists you are.

Congratulations to Isabella and Joshua Springer who last weekend attained their Black Belts in Karate. I have watched these students develop from Prep students to become our seniors. I know the commitment they both have made to becoming outstanding athletes in this sport and the dedication their family has made to giving them this opportunity. I am very proud of their efforts and was excited to hear their great news. Persistence: a key they both possess. AWESOME!
Finally, congratulations to Mr Woodyatt, teacher of Gibumm who has recently become a father for the second time. He has returned to us after some leave to enjoy this special time with his family and new son. I wish you all the best Mr Woodyatt on the special journey ahead.

All the best for the fortnight ahead. Take care, be well and enjoy life.

Yours in Education

Mrs Kris Lennox
Deputy Principal

DEPUTY PRINCIPAL NEWS MIDDLE PHASE

With only 2 weeks to go, it’s hard to believe that this term is almost over and we are nearing the end of Semester One. Our teaching staff have been busily completing report cards in preparation for them going home in the last week of school. Please remember, that if you have any worries or concerns about your child’s progress, you are able to make an appointment with your child’s teacher at any stage.

The excitement is building in our Year 4 and Year 5 classes as they make their final preparations for their school camp. These students are going to the Currumbin Farm School where they will work with staff on developing their keys to success. They will have opportunities to show Persistence (when trying new tasks and activities), Organisation (getting organised for their day without mum and dad to help them), Confidence (to be away from home for 3 days), Resilience (to bounce back if things don’t go quite the way they expected) and finally Getting Along (with students that they may not know from other classes). I know that sometimes this is the first time that some of our children have been away from home for a number of days. Please rest easy, knowing that your children will be well looked after.

Last night, we had a number of talented students compete at the Reader’s Cup Challenge. Maddi Patrick, Savannah Karati, Yohan Perera, Holly Van and Brandon Hardham all had the task of reading 5 novels and 1 picture book. They then competed against other schools in a fun and engaging way. Our students did a fantastic job and had great insight into their books. Thank you to Mrs Marcia McMahon for assisting these students in the preparation for this competition.

As our Junior school students competed in a fantastic athletics carnival this week, it is timely to remind our community that our senior Athletics carnival will be held next Tuesday June 17. Thank you to Mrs Cook who has done an amazing job in organising both carnivals.

Have a wonderful fortnight.

Mrs Barb Tong
Deputy Principal

P&C CORNER

UPCOMING MEETINGS

Thank you to those who attended our P&C meeting on Tuesday evening –
It was great to see familiar faces and to welcome some new ones!

Our next morning meeting will be held next term in Week 4;

MORNING MEETING

Tuesday, 5th August, 2014 – 9.00pm
(In the staff room – next to the library)

UNIFORM SHOP

The Uniform Shop operates;
FRIDAY’S
8.15am to 9.00am

TUCKSHOP

Our Tuckshop is still actively seeking volunteers!
If you can help out – even just for an hour
We would love to hear from you!
Please call in and see our Tuckshop Staff or you can call Tania on 0409 036 672

Tuckshop Hours
Monday – Friday
From 8.30am
Thank you for your support?

THE ATHLETE’S FOOT

The Athlete’s Foot Helensvale support Park Lake State School by making a donation back to the school whenever you make a purchase of school shoes/runners/footy boots. Many parents will purchase new shoes for the second semester – please consider a purchase from the Athlete’s Foot! And don’t forget to tell the cashier that you attend Park Lake State School when you are making your purchase. Thank you?

OUR COMMUNITY NOTICES

Pacific Pines and Community Expo - Sunday 15 June, 10am - 5pm
Dear Parents and Families

As the end of term quickly approaches, the Prep teachers would like to say a big thank you for the support provided by many parents and carers within our school community. It was astounding to have such a huge number of parents on board with helping out at our Under 8’s Day in the park. This was the first year that we travelled over to Blue Gum Park to celebrate being under 8 and it was such a great success. The students thoroughly enjoyed the adventure and the opportunity to play for several hours. We were quite sure there were some tired prep students that night. In the next couple of weeks you will be receiving your child’s first Prep report card. As a cohort of Prep teachers, we can see the progress, in various shapes and forms, being made by our amazing students, please take the time to go through your child’s report card with them and celebrate what they have achieved in their first semester at school. A gentle reminder to label your students belongings, especially jumpers and jackets as the colder months approach. Also scarves are not to be worn to school as they can be a potential health and safety risk. We wish all students and families a safe and happy winter break and look forward to seeing you back for Term 3.

Lana Wood and the Prep Team

CURRICULUM CORNER
Gifted and Talented

The Gifted and Talented program at Park Lake State School is another example of our commitment to meeting the specific needs of our students.

In addition to their participation in all the wonderful clubs offered, the identified Gifted and Talented students in year 2 through 7 have had the opportunity to sit the International Competitions and Assessments for Schools (ICAS). These are held in the areas of Science, Writing, Spelling, English and Mathematics. Last year we had distinctions in Science, Mathematics and English, a terrific achievement from our students.

Our students are also given the opportunity to participate in many Gold Coast programs. One such program, ACADEMICUS, is offered through Griffith University during school breaks. Programs such as Chocolate Mathematics, Let the Music Take You, Hacking the Matrix, Writing Great Speeches, Engineering Science and Art Shaping Cities: Urban Design are just a few.

Days of Excellence offered similar programs held at Benowa State School. Painting, drama and modelling was enjoyed during Celebrating the Arts in Under 8’s Week held at Coomera Rivers State School.

Some of our students have chosen to participate in Brisbane Distance Education courses through their program called University For You (UniFY). They join other students from schools on the Gold Coast through web conferencing. They log into a weekly session with an online teacher. The topics they chose this year was either "Shape Up" or "Write On" which they thoroughly enjoying.

We look forward to the opportunities that our G&T students will engage in this coming year and the success they will achieve as they enjoy the many opportunities offered to them.

Sandi Dale
Gifted & Talented Coordinator

HEALTHY HABITS

When children eat well they behave better, are able to listen well and concentrate for longer. Packing a healthy school lunchbox will help children to learn and play well and be happy at school.

1. Make time to prepare. Have fresh fruit and vegetables, milk and yogurt, bread and crackers all bought in advance.
2. Shop wisely and save money. Buy fresh fruit and vegetables in season to ensure good quality and value for money.
3. Make your own snacks. For example snack packs from fresh ingredients which you can buy in bulk.
4. Look after the environment. Put sandwiches and other items in reusable containers. This uses less packaging and creates less rubbish.
5. Choose a variety of foods from the 5 food groups (see table below).
6. Include a bottle of water. No need for sweetened drinks such as juice, cordial or soft drink as these contain too much sugar which are not good for teeth. Non-water drinkers usually start drinking water with the example of other children. Freeze a small quantity each night and top up with cold water in the morning for a cool summer drink.
7. Keep food cool. In warm weather freeze a water bottle or put a small ice pack in the lunchbox.

<table>
<thead>
<tr>
<th>Food Group</th>
<th>Nutrients</th>
<th>Suitable examples to include in a lunchbox</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breads and cereals</td>
<td>Source of carbohydrate which is a major energy source for the brain and body</td>
<td>All types of bread – white, meat, multigrain, white, pita or other flat breads, fruit roll, rice, pasta, crackers or crispbread, rice crackers</td>
</tr>
<tr>
<td>Fruit</td>
<td>Contains lots of vitamins and fibre. Aims to include 1-2 serves of fruit per day</td>
<td>Fresh whole fruits or cut up and placed in a container. Frees fruit mix, canned fruit.</td>
</tr>
<tr>
<td>Vegetables</td>
<td>Good source of fibre and vitamins. Vegetable pieces as a snack such as cherry tomatoes, cucumber strips, snow peas, small corn cob or baby corn spears. Can also be cucumber sticks. Baked vegetables or coleslaw in a sandwich.</td>
<td></td>
</tr>
<tr>
<td>Dairy</td>
<td>Major source of calcium. Include one serve in lunchbox every day</td>
<td>Low fat milk, cheese or yogurt.</td>
</tr>
<tr>
<td>Lean meats, fish, poultry, egg, nuts and legumes</td>
<td>Protein for growing bodies</td>
<td>Cold meats or chicken. Baked fish such as salmon, tuna or sardines. Baked eggs, baked beans, hummus.</td>
</tr>
</tbody>
</table>
YOU CAN DO IT! PROGRAM

"ORGANISATION" - one of the keys to success

An ORGANISED student is able to keep track of their assignments, break down long-term projects into smaller, more manageable tasks, schedule their time effectively, bring needed resources to class and home, keep track of belongings and set goals. Examples of organised behaviour in a student could include keeping a study schedule or weekly timetable, writing tasks and due dates in a diary, scheduling the various steps of an assignment for enough in advance so that work does not have to be rushed, checking and editing work, keeping notes and sheets in this appropriate boxes and folders, handling homework assignments in an timely, being able to prioritise tasks, setting goals and using checklists to complete an assignment.

Positive Habits of the Mind that help to develop ORGANISATION in young persons include...

Planning My Time

"Planning My Time" Thinking about how long it will take to accomplish schoolwork and homework and planning enough time to get everything done.

Setting Goals

"Setting Goals" Thinking that setting a goal can help you be more successful at a task.

Students are taught that "NEGATIVE HABITS OF THE MIND" will prevent them from reaching their potential. The Negative Habits of the Mind that will stop children from being organised as they can be are...

"Having No Goals"

Thinking that it's pointless to have goals.

"Planning Time Perfectly"

Thinking that it's pointless to plan my time: thinking, "When is the latest I can start?" or "A task that I don't like..."

The "Establish a Get Time" Motivational Technique

Schedule a set time to begin work.

We can help students to be more organised by...

- Explicitly teaching the lessons from the You Can Do It! Program. These lessons help young people understand what it means to be organised. They also focus on helping them to use the Positive Habits of the Mind to organise themselves more effectively.
- Supporting the YCDI program at home. The more parents are involved in helping their children develop the social and emotional capabilities taught in YCDI, the greater the impact it will have. If students only hear about the keys to success and the habits of the mind at school, it is more difficult for them to generalise the learning to the rest of their lives.
- Providing "behaviour-specific" feedback. When young people use organised behaviours their efforts need to be acknowledged. Phrases such as...
  - "You really planned that well!"
  - "I'm so glad to see you organised!"
  - "I really liked the way you listened and followed all the directions!"
  - "I like the way you keep your desk clean and neat!"
  - "Thank you for bringing everything you needed!"
- Acknowledge effort and provide powerful reinforcement.
- Modeling organised behaviour ourselves!

IMPORTANT DATES

<table>
<thead>
<tr>
<th>DATE</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>JUNE</td>
<td></td>
</tr>
</tbody>
</table>

ASSEMBLY TIMETABLE TERM 2 2014

PLEASE NOTE:

**EARLY PHASE ASSEMBLY – PREP TO YEAR 2 STUDENTS**

**MIDDLE PHASE ASSEMBLY – YEAR 3 TO 7 STUDENTS**

<table>
<thead>
<tr>
<th>TERM 2</th>
<th>EARLY/MIDDLE PHASE</th>
<th>ASSEMBLY HOSTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 16th June</td>
<td>Middle Phase</td>
<td>Fraser Island</td>
</tr>
<tr>
<td>Mon 23rd June</td>
<td>Whole School</td>
<td>Wobbegong</td>
</tr>
</tbody>
</table>

ADMIN UPDATES

Dear Parent/Carer,

Information and invoices have been emailed home this week regarding our swimming program for Prep – Year 4 students as well as our sleepovers for Prep – Year 3. Please take note of the cut-off dates for all activities below.

Current Invoiced activities are as follows:

Lexile Reading Licence
Year 3 plus
New students
in Yrs 4/5/6/7
$10.00 Due now

Religious Education Book
All students doing Religious Education
$3.00 Semester 2 Due now

Pat M & Pat R Assessment Materials
Year 1 - 7
$3.00 Due now
<table>
<thead>
<tr>
<th>Event</th>
<th>Grade(s)</th>
<th>Fee</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life Education</td>
<td>All students</td>
<td>$4.00</td>
<td>Due by 9:30am Tues 10th Sept</td>
</tr>
<tr>
<td>Lake Ainsworth Camp</td>
<td>Year 6 - 7</td>
<td>$285.00</td>
<td>Balance due by 9:30 am 16th July</td>
</tr>
<tr>
<td>Sleepover</td>
<td>Prep &amp; Yr 3</td>
<td>$5.50</td>
<td>Due by 9:30am Wed 8th August</td>
</tr>
<tr>
<td>Sleepover</td>
<td>Yr 1 &amp; Yr 2</td>
<td>$5.50</td>
<td>Due by 9:30am Wed 8th October</td>
</tr>
<tr>
<td>Swimming</td>
<td>Prep – Yr 2</td>
<td>$50.00  – 10 lessons</td>
<td>Due by 9:30am Wed 20th August</td>
</tr>
<tr>
<td>Swimming</td>
<td>Yr 3 &amp; Yr 4</td>
<td>$45.00  – 9 lessons</td>
<td>Due by 9:30am Wed 20th August</td>
</tr>
</tbody>
</table>

Our bank account details are as follows:

- BSB 064-474
- Account Number 10252850
- Account Name Park Lake State School

Regards

Karyn Glindemann  
Business Services Manager

HPE NEWS

ATHLETICS FINALS

This past fortnight I have been running the athletic finals for the under 9, 10, 11, 12 &13 boys and girls long jump, shot put and high jump. Congratulations to all the students who qualified and went on to receive ribbons for 1st, 2nd and 3rd placings. We even had some students break the school records, which is awesome.

INTERSCHOOL SPORTS

Last Tuesday the majority of year 4-7 students participated in their Athletics Interschool Sports Carnival. It was great to see and hear about the behavior and sportsmanship that our students portrayed. Everyone gave it their best effort and had fun, which is what it is all about. On a plus side a huge CONGRATULATIONS to the year 5’s and the 6/7’s who both won their carnivals.

JUNIOR ATHLETICS CARNIVAL

On Tuesday the P/1 and 2/3 students had their athletics carnivals. It was great to see so many dressed in their house colour and getting into the team spirit. Whilst rotating around the different activities I saw many students demonstrating our keys to success such as confidence, persistence, getting along and resilience. It was a great day had by all and I am sure there were many tired children that night!

I look forward to doing it all again in a week with the 4-7 carnival.

IMPORTANT DATES

Friday 13th June – 200m & 800m events for students born 2001-2005.

Tuesday 17th June – Senior Athletics Carnival (years 4-7) *students in year 3 born 2005 will participate in sprints in the morning session.

Yours in Physical Education  
Alison Cook

INcredible YEARS Parenting Program

**If Starting Date:** Tuesday 22nd July, Term 3, 2014  
**Time:** 12:30pm - 2:30pm over 14 weeks  
**Where:** Upper Coomera State College (Wk 1-7), Park Lake State School (Wk 8-14)  
For Enquiries and Bookings Call or Email: Kelly Seater (Course Convener) or Kris Lennox (Deputy Principal- Early Years).  
55 195 200  
office@parklakes.eq.edu.au  
www.acds.org.au  
www.incredibleyears.com  
In Partnership with Coral House, Education QLD