26 November 2015

FROM THE PRINCIPAL’S DESK

Dear Parent/Guardian

Congratulations to Mrs Parahi who has just participated in the application process for the new Head of Special Services position which will commence at Park Lake in 2016. Mrs Parahi successfully gained the position over an excellent field of applicants from across the country. It is great for our school that Mrs Parahi will continue in the leadership role and help to guide our Special Education program as we continue to grow.

Congratulations also to Ms Diamond (Prep/Year 1), Mrs Bobbin (years 2 & 3) and Mrs Wood (Years 4, 5 & 6) on their appointments as Pedagogical Support Teachers for Park Lake in 2016. The role that these ladies will play in our school is to support teachers within their specific year levels to continue to develop and refine their practices in the teaching of literacy and numeracy, along with using data collected on the students to identify areas of strength and weakness amongst the year level and to implement targeted programs to support student growth. I am looking forward to seeing the outcomes of this implementation process.

Last Friday I had the pleasure of listening to our 2016 School Captain candidates give their speeches to the Year 4 to 6 students and staff. They were outstanding, every student did an amazing job in preparing for the speeches and any one of them would be more than capable of completing the role to a very high standard. Following these speeches the students broke into their house groups and listened to the speeches of students who were running for House Captain positions who I believe also did an excellent job with their speeches. The following students were successful in gaining a leadership position for 2016.

<table>
<thead>
<tr>
<th>STUDENT NAME</th>
<th>POSITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anton Bagino</td>
<td>School Captain</td>
</tr>
<tr>
<td>Jordan Warneke</td>
<td>School Captain</td>
</tr>
<tr>
<td>Sam Mousley</td>
<td>Barramundi House Captain</td>
</tr>
<tr>
<td>Henry Eve</td>
<td>Goanna House Captain</td>
</tr>
<tr>
<td>Jaden Reid</td>
<td>Kangaroo House Captain</td>
</tr>
<tr>
<td>Kyer Teika</td>
<td>Lorikeet House Captain</td>
</tr>
</tbody>
</table>

Our last P&C meeting for the year was held on Tuesday evening and I would like to thank the P&C for the amazing work they have done as volunteers to support our school and students again this year. I never cease to be amazed by the generosity and energy of the parents in the P&C. Thank you on behalf of the students, staff and parents for the time you donate to our school.

Report cards will be coming home next week and I would like to congratulate the many students who have worked hard, focused on their goals and achieved many milestones throughout this semester. As a parent please remember that a C grade is awesome, it means that your child is achieving at a level which is exactly where they should be. They are
meeting the requirements of their grade on a regular basis. Of course we encourage our students to have goals to extend themselves and to aim for higher grades and many of them do achieve these outcomes. Celebrate your child’s C grades and ensure that they know that they are going really well. I am also particularly impressed with the large number of positive behaviour comments provided to the students, it is certainly a reflection of the quality of students we have and their commitment to making excellent choices whenever possible.

Have a great fortnight!

Regards

Craig Larden
Principal

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**DEPUTY PRINCIPAL NEWS P - 2**

Hello Everyone

Only eleven days left of our school year and it is certainly a great time to reflect on the year that was. I am so proud of the many achievements our students and staff have made this year thus it has been rewarding to be a leader of our dynamic environment here at Park Lake SS.

Bonnie-May, Shontae, Ryan and Angel from the Sea Snake class dazzled me with their Information Reports on Australian Animals. They taught me a few interesting facts as well. Great job everyone. I think you really are ready for Year 2.

Sonny, Ruby, Sarah and Ben from the Green Tree Frogs shared their recount writing about the adventures they got up to over the weekend. They have made so many gains in writing it was pleasing to see. Keep up the great work as you all move into Year one.

Jontee from the Bluebottle class has made huge gains in reading which has improved her confidence. You should be really proud of your achievements Jontee. A fantastic effort in a very short time. Keep up the great work.

To Ms Diamond and the members of our E.A.T.S.I.P.S. committee what a truly awesome ceremony you created to have our new mural officially welcomed into our school. Thank you to Adam, Kobi-Rose, Thomas and Mitchall for being such great hosts at this special event. The choir did an amazing job and I look forward to singing our anthem in Yugambeh in 2016.

To commemorate Remembrance Day Amity and Lachlan, our school captains accompanied myself and Mrs Palmer to a memorial service held at The Nerang RSL. I was very proud of their contribution and respect they held for this occasion. It is always a pleasure when our captains represent the school with passion and pride. Many thanks. I believe it is important to expose our students to events in the community to broaden their knowledge of life and all that we have to be grateful for, because of the fallen. Lest we forget.
Our Stepping Stones program has been very successful in transitioning students into school. A huge thanks to Mrs Files for running such an engaging experience for our pre-prep children. Thanks to our school community for supporting our new program. Certainly at this stage we will look at continuing this next year.

The Support-a-Reader program with the Pacific High School students has been amazing. All of the students have taken away something special from this program: the enjoyment of sharing a book. Many thanks to Pacific Pines SHS for supporting us in this endeavour. We look forward to a continued relationship with our feeder high school.

Formal reporting will be distributed next week. I have had the pleasure of reading many teacher's comments about your child's school life over the past semester. It was great to hear that so many of our students made personal gains and have reaped a reward due to increased effort. Parents please remember to take note of the areas your child may need to further develop in 2016, however focus on the positive areas and celebrate what they have achieved this year. It is important that you think about how you will discuss this with your child, prior to receiving the reports. It is often the way in which we present these conversations that will determine how they are received and then acted upon. Remember to find the positive and focus on that.

Thank you to our teachers who have spent tireless hours transforming student’s progress into a detailed communication tool for you. Your effort and commitment is appreciated and recognised.

Many thanks to the parents who attended our Prep Orientation Day on Monday. We look forward to our new students and families joining us for 2016. Many thanks to the current Prep staff and extra helpers we had in order for this experience to take place. Your extra efforts are always appreciated.

I would like to take this opportunity to congratulate our Year 6 students on achieving a great milestone in graduating from the primary sector of their educational journey. It is certainly something to celebrate however often brings a tear to my eye, as it is sad to see them go and it makes me feel that little bit older. I hope they all follow their dreams, reach for the stars, as the sky is the limit. Go forth with confidence.

Many thanks also to the number of volunteers we have had throughout the year, assisting our students and staff in so many ways. Your time and support has been appreciated.

Finally congratulations to Mrs Parahi for gaining the position as HOSES for 2016 and also Ms Diamond, Mrs Bobbin and Miss Wood on the Pedagogical Support Teachers roles commencing next year. It is certainly comforting to work with a great team. Congratulations to you all.

I look forward to sharing the last two weeks of our year with you all.

Keep Smiling

Kris Lennox
Deputy Principal

DEPUTY PRINCIPAL NEWS MIDDLE PHASE

This week, our Year five and six students had the pleasure of welcoming Steph and Sam from Education Qld Cybersafety division to speak with them about remaining safe online. The children heard about how they can look after their “digital footprint” to ensure that there are no regrets in the future. Our students learnt about actions that they can take if they have concerns about someone’s behaviour online. I encourage all parents to continuously monitor your child’s online activity and assist them when things become difficult to manage. There are many parent resources available to assist you with this:

https://esafety.gov.au/education-resources/parent-resources

Our School and House Captain speeches were held last Friday. It was fantastic to see the sheer number of quality applicants for these positions. Congratulations to our 2016 leaders.

A reminder that tomorrow night is our family dance night. Our children and teachers have been busy rehearsing their dance ready for the big night. A big thank you is extended to our staff and the P&C who are giving up their Friday evening to share these moments with the community. We hope you have a fantastic evening.

Our Year 3-6 students will be participating in their swimming carnival next week. This is the first time that we have had our swimming carnival during the day. As the weather has been quite warm recently, can you please ensure that you pack enough cold water for hydration. Also, please ensure that your child has sunscreen on before school. We will ensure that there are opportunities during the day to reapply the sunscreen. A broad brimmed hat and shirt with sleeves is essential for when your child is not swimming. I am sure it is going to be a fantastic day. If your child is not attending the swimming carnival, they will be supervised at school.

Recently, five students from Park Lake State School were selected to represent the Queensland Maori Under 12 Boys Touch Team. Congratulations to Memphis, Arama, Kyer, Lennix and Isaiah who will play in the 2015 All Nations Touch Multicultural Carnival in December. Other countries competing are Samoa, Cook Islands, PNG and Tonga just to name a few. We wish you the best of luck and we look forward to hearing how the team goes.

Barb Tong
Deputy Principal
P&C CORNER

‘AUSTRALIANA’ FAMILY DANCE EVENING

Date: Friday 27 November 2015
Time: 5:30 p.m. – 7:30 p.m.
Venue: Multi-Purpose Hall

Our school dance is tomorrow! Friday November 27th, 2015!
I hope you all have your tickets but if you don’t they will be on sale tomorrow morning 8.15-9.15am in front of the uniform shop and on the gate at the dance.

The theme this year is Australiana! Weather permitting we will hold it on the school oval, so bring a picnic rug and/or some chairs. The students will be doing a dance and there will be a sausage sizzle, drinks and snacks on sale. Family ticket (mum, dad and the kids) is $10 or a single ticket is $5 (children must be accompanied by an adult). Please see the timetable below for when your child/ren will be dancing.

<table>
<thead>
<tr>
<th>Year Level</th>
<th>Dance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 2</td>
<td>‘Give Me a Home Among the Gum Trees’</td>
<td>5:50 p.m.</td>
</tr>
<tr>
<td>Year 1</td>
<td>‘Happy Little Vegemites’</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Prep</td>
<td>‘Jump, Jump, Jump’</td>
<td>6:10 p.m.</td>
</tr>
<tr>
<td></td>
<td>Intermission</td>
<td></td>
</tr>
<tr>
<td>Year 3</td>
<td>A Bush Dance: Aussie Jingle Bells</td>
<td>6:30 p.m.</td>
</tr>
<tr>
<td>Year 4</td>
<td>Heel and Toe Polka</td>
<td>6:40 p.m.</td>
</tr>
<tr>
<td>Year 5</td>
<td>Strip the Willow to ‘Everybody’ by Justice Crew</td>
<td>6:50 p.m.</td>
</tr>
<tr>
<td>Year 6</td>
<td>‘Thunderstruck’</td>
<td>7:00 p.m.</td>
</tr>
</tbody>
</table>

We had our last meeting for 2015 on Tuesday. It’s was nice to relax and have a casual chat after the meeting. Thank you to everyone who helped out this year. Every pair of hands made a huge difference.

I look forward to seeing you all tomorrow night. I hope you get to relax with your children, family and friends to celebrate a fantastic year (and no more homework!)

Keep Smiling,
Lee-Anne Millard
pandcpresident@parklakess.eq.edu.au

SCHOOL BANKING

Just a reminder that SCHOOL BANKING is processed every THURSDAY from 8.15am until 9.30am at the UNIFORM SHOP.

You can drop your deposit book with the ladies before going to class or deposit books can be sent down in the grey school banking satchel available in each classroom. If you do not have a school banking account, then come and see Linda at the Uniform Shop and I will advise you on how to open an account to begin saving that hard earned pocket money. Who likes receiving prizes!! For each 10 deposits you bank through the school you are rewarded with a prize.

Thanks,
Linda Ferguson
School Banking Co-Ordinator

TUCKSHOP NEWS

Wednesday volunteers needed! We have lots of little jobs and some take as little as 15 mins after school drop off, such as sticking labels on bags or washing/ cutting/slicing fruit and vegetables. Other jobs include making muffins and cookies, pasta bolognaise, butter chicken and fried rice, all of which take only one hour a week or less each. Or how about doing the stock take once a month with a friend for an hour? Or telling us about special cultural dishes that you’d be willing to come in and make for theme days to allow the students to experience something new? There really are lots of ways you can help out if you have a little spare time, so come by the tuckshop and write your name on our roster board.

If you can’t come in and help, how about: Once a week washing aprons and tea towels; creating flyers for theme days and healthy food; becoming the volunteer roster co-ordinator; or donating items such as sugar, flour, vegies, fruit, multigrain rice crackers, salada type crackers etc. Anyone can help ... mums, dads, grandparents and friends (all those that are not
parents of students at Park Lake SS require a volunteer blue card, which we can help with obtaining. All training, recipes & coffee supplied!

Karyn & Gretchen Tuckshop Convenors

UNIFORM SHOP NEWS

SENIOR SHIRT order forms have gone home for all year 6 students in 2016. First order cut off is November 27th. No late orders will be accepted. Please contact me if you have any questions re the orders. If you haven’t received an order form, please contact the office, or email me anndelosh@gmail.com.

Shorts and skort prices have dropped! Shorts are now $20, and skorts $22.

If you already have siblings at the school, I highly recommend you order via flexischools and have the order delivered to your older child’s class. This will save long waits in queues.

To order via www.flexischools.com.au log on as you do to order tuckshop. Select ONLINE ORDERING for the child you are ordering for and you will see below the tuckshop order options there is UNIFORMS. Click on there, and place your order.

Alternatively, you can place your order via an order form (available on our website, from the office, from the uniform shop), which can be left at the office and will be filled and returned to the office for collection at your convenience.

If you are after 2nd hand uniforms, we have a facebook group called Parents of Parklake 2nd hand uniforms. This is where 2nd hand uniforms can be bought and sold – it is not managed by the school or uniform shop – it’s purely managed by parents, and is a great place to pick up 2nd hand uniforms. You will need to ask to join the group, and one of the admin will accept you.

We are currently open Tuesdays from 8.15am – 9.15am, and Fridays from 2.30pm – 3.30pm. We WILL NOT be open the last day of the school year.

Our opening days prior to school starting in 2016 are:

- Friday 22nd January 9am – 12 noon
- Monday 25th January from 9am – 12 noon

If you have any questions, please don’t hesitate to come and see me in the uniform shop, or email me on anndelosh@gmail.com

Thanks so much
Ann DeLosh Uniform Shop Convenor

SPOTLIGHT ON LEARNING

The Year Four classes have enjoyed term 4, 2015 in a fun and resilient manner with even more exciting events to come. Towards the end of term, teachers and students alike are keenly anticipating the swimming carnival and family fun evening as well as more stimulating classroom work.

Literacy: This term has given the students a chance to write freely and creatively as they have planned and plotted their very own sequel to the novel “Rowan of Rin” by Emily Rhodda. Using the ‘Seven Steps to Writing’ program, the children have begun to hone their skills to produce enthralling literary masterpieces. Thinking of key steps like: ‘Show, don’t tell’, ‘Tightening Tension’ and having ‘Exciting Endings’ just to name a few.

Numeracy: Students completed a real-life investigation that has given them the opportunity to delve into time in order to plan a day at the movies. The students have collected and displayed relevant data and explored a.m. and p.m. times, all whilst developing their problem solving, timetabling and graphing skills.

Science: The pupils have explored the concept of forces through games. Mini-experiments and 1 minute challenges have helped to develop an understanding of how forces can impact an objects movement. This has been an exciting and unusual way to finalise our assessment.

Geography: The children have learnt about the sustainable practices of reducing, re-using and recycling and how altering some of our community habits can have a significant impact, for the better, on our environment.

The entire Year 4 team would like to wish all of our students and their families a safe, merry Christmas and a prosperous new year.

CURRICULUM CORNER

I was fortunate to spend weeks 1 and 2 with the teaching staff at Park Lake State School working on planning for 2016. We have now completed planning for English for Term 1, 2016. One thing that underpins an English unit is the text type that the students are exposed to. We use text because by the end of each unit of work, students should have developed a deeper understanding of the social and cultural reasons for having different text arounds.

From understanding the road signs that keep us safe to the Internet sites that we use for education or entertainment. All of these texts have been created by an author with a very specific intent.

When students, interact with texts in different forms they start to better understand the world around them and the way they are influenced, informed and entertained.

The Australian Curriculum recommends 3 text types to be explored and developed:

- Narrative text: Reflects the everyday life of a particular group. Texts are usually rich with detail and emotion; they appeal to our sense of empathy.
- Expository text: Provides evidence or explains something. These texts may include several paragraphs describing and illustrating facts or ideas. They are organised in a logical way.
- Persuasive text: Aims to influence our actions or attitudes rather than to inform. These texts can take the form of advertisements, editorials, reports, witty essays and fictional narratives.

Students can be expected to use a range of text types throughout the school: narrative, expository and persuasive. Although each text type has a particular purpose, they also have features in common, such as the need for clarity, organization and attention to the needs of the reader.

The focus of the English curriculum is on the teaching of literacy skills, through the study of different text types. This is because it is assumed that students will need to read the text type on the day and this will impact on their future learning. In order to make sense of the text, they need to understand how the text is written, how it is structured and why it is structured in the way it is.

The focus on text type is important because it enables students to develop skills in decoding and analyzing text. This will assist them in their study of the text, and in using text as a tool for learning about the world around them. It also enables students to develop skills in communicating with others, both in their personal and professional lives.

Curriculum Corner

Our opening days prior to school starting in 2016 are:

- Friday 22nd January 9am – noon
- Monday 25th January from 9am – noon

If you have any questions, please don’t hesitate to come and see me in the uniform shop, or email me on anndelosh@gmail.com.
**HEALTHY HABITS – WHOOPING COUGH**

**Gold Coast Hospital and Health Service**

Friday, 20 November 2015

**Whooping cough ( Pertussis) alert**

The Gold Coast Public Health Unit has recently been advised of a confirmed case of whooping cough (pertussis) in Year 1 at Park Lake State School.

Whooping cough is a highly contagious respiratory infection that can be life threatening for babies and young children. Symptoms can range in severity from quite mild to coughing fits which often end with a gag or a vomit. Whooping cough usually starts with symptoms typical of a head cold with a runny nose, sneezing and tiredness and then the cough develops.

People with whooping cough are infectious for the first three weeks of the illness or until they have received 5 days of the 7 day course of the appropriate antibiotics. If you have any concerns about the symptoms of whooping cough in your child then you should exclude them from childcare and take them to your doctor as soon as possible. If the illness is detected early in its course, treatment will speed recovery and reduce the period of infectivity for other children.

The following recommendations are made to reduce the risk of further cases of whooping cough in the community especially to the very young or unimmunised children.

1. Please make sure your family is fully up to date with all their vaccinations. Vaccination against whooping cough is included in vaccinations given at 2, 4 and 6 months and again at 4 years. A funded booster dose is provided for Year 10 students through the School Based Vaccination program.

2. Pregnant women in their third trimester of pregnancy are also eligible for a funded booster dose to further protect newborn babies against whooping cough. Vaccination gives good protection, but unfortunately this protection does wane with time.

3. For those not eligible for funded vaccine, a once only dose of adult Pertussis Booster vaccine is available at a vaccine cost of approximately $30-$55. The vaccine is recommended for those working with young children such as health care workers, child care workers and teachers and is available on prescription from your GP.

4. All children or staff recently diagnosed with whooping cough are to be excluded from the child care centre until they have received either 5 days of a 7 day course of appropriate antibiotics or excluded for 21 days from the onset of coughing.

For further information please contact the Gold Coast Public Health Unit on 5688 3700 during business hours or 13 Health (13 43284) after hours or your General Practitioner.

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**RESILIENCE – Emotional Resilience**

Emotional Resilience means knowing how to stay calm and being able to stop yourself from getting extremely angry, down, or worried when something “bad” happens. It means being able to calm down and feel better when you get upset. It also means being able to control your behaviour when you are very upset so that you bounce back from difficulty and return to work or play.

Open attachment to read further……

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**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>DATE</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOVEMBER</td>
<td></td>
</tr>
<tr>
<td>Fri 27th</td>
<td>Bravehearts Ditto Show Prep – Year 3</td>
</tr>
<tr>
<td>Fri 27th</td>
<td>Australiana Family Dance</td>
</tr>
<tr>
<td>DECEMBER</td>
<td></td>
</tr>
<tr>
<td>Tues 1st</td>
<td>Religious Education Concert – R.E Students Only</td>
</tr>
</tbody>
</table>

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**DATE** | **ACTIVITY**
--- | ---
Wed 2nd | Swimming Carnival Year 3 – 6; 8:45am – 3:00pm
Thurs 3rd | Performing Arts Concert 5:30 – 6:30pm
Tues 8th | Whole School Arts Awards and Year 6 Graduation
Thurs 10th | Party Day
Thurs 10th | Eco Marines Eco Day – Wear Green or animal themed clothing
Fri 11th | Last Day Term 4
Sat 12th Dec – Sun 24th Jan | School Holidays
JANUARY 2016 | |
Tues 26th | Public Holiday – Australia Day
Wed 27th | School Commences

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**ASSEMBLY TIMETABLE TERM 4 2015**

**PLEASE NOTE:** **EARLY PHASE ASSEMBLY – PREP TO YEAR 2 STUDENTS**

**MIDDLE PHASE ASSEMBLY – YEAR 3 TO 6 STUDENTS**

**ASSEMBLY COMMENCES IN THE HALL AT 2:15PM**

<table>
<thead>
<tr>
<th>TERM 3</th>
<th>EARLY/MIDDLE PHASE</th>
<th>ASSEMBLY HOSTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 30th November</td>
<td>Middle Phase</td>
<td>Great Australia Bight</td>
</tr>
<tr>
<td>Mon 7th December</td>
<td>Whole School</td>
<td>Wombat and Dingo</td>
</tr>
</tbody>
</table>

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**ADMIN UPDATES**

Dear Parent/Caregiver

If you are missing any personal belongings, please encourage your children to check lost property. Lost property is cleaned out periodically and donated to charity. We endeavour to return items which have been clearly named to their owner but unfortunately this is often not the case and we find the lost property tubs are constantly overflowing with jumpers, lunch boxes, drink bottles and hats.

Regards

Karyn Glindemann
Business Services Manager

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**ECO MARINES NEWS**

Where does our rubbish go? What happens to our rubbish? These are the questions that need to be answered. Loose rubbish that we drop on the ground can travel rapidly to drains and straight to the ocean. The Pacific Garbage Patch in the
middle of the ocean is about the size of Queensland! Australia is one of the biggest producers of rubbish so what can you do to minimise your rubbish?

The Eco Marines have been encouraging students and staff to go rubbish free and we have Woolworths Pacific Pines on board now. We’ve been running a Rubbish Free Thursday program this year and many classes have put in a fantastic effort to keep our school and environment rubbish free. Here are some ideas of a Rubbish Free lunch……

and a drum roll for the Rubbish Free Thursday winners!!!

In week 6, Wobbegongs won the Eco Stars trophy for Rubbish Free Thursday and Lucas and Xia were our winners of the Rubbish Free Thursday raffle draw.

In week 7 Stingrays took out the Eco Stars Trophy for Rubbish Free Thursday and Benjamin and Indi were our raffle winners for Rubbish Free Thursday. Congratulations to everyone!

Our little Eco Marine group is growing bigger every week. It’s really great to see our junior students actively participating, coming up with great ideas and caring for our environment. The Eco Marines committee meets every Tuesday at first break in the Gorom Gunn classroom.

Recently Redland City Bulletin covered a story on how much helium balloons are having an impact on the environment. Please take time to read the article http://www.redlandcitybulletin.com.au/story/3301646/balloons-are-killing-our-turtles/ and consider the environment and animals before releasing helium balloons.

Xia and Avia have made this awesome Eco Marines logo with the help of their mum. We thank you for taking the time and making this for our team.

Our Movie **Plastic Fantastic** has been a big hit! If you haven’t had a chance to watch it, here’s the link.

http://www.youtube.com/watch?v=HBtkST5L0g4

IT’S COOL TO BE AN ECO SCHOOL! Environmentally yours Eco Marines

SWIMMING CARNIVAL PROGRAM 2015

Our 2015 swimming carnival for students in Years 3 – 6 will take place during the school day at the Nerang Swimming Pool on Wednesday 2nd December.

<table>
<thead>
<tr>
<th>Distance</th>
<th>Age group</th>
<th>Stroke</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30</td>
<td>25m</td>
<td>All age groups</td>
<td>Freestyle Those who swim 25m F/S do not compete in 50m F/S</td>
</tr>
<tr>
<td>10:00</td>
<td>50m</td>
<td>Freestyle</td>
<td></td>
</tr>
<tr>
<td>10:30</td>
<td>25m</td>
<td>All age groups</td>
<td>Backstroke Those who swim 25m Bk/S do not compete in 50m Bk/S</td>
</tr>
<tr>
<td>11:00</td>
<td></td>
<td>Lunch Break</td>
<td></td>
</tr>
<tr>
<td>11:15</td>
<td>50m</td>
<td>Backstroke</td>
<td></td>
</tr>
<tr>
<td>12:00</td>
<td>25m</td>
<td>All age Groups</td>
<td>Breaststroke Those who swim 25m Brst/S do not compete in 50m Brst/S</td>
</tr>
<tr>
<td>12:30</td>
<td>50m</td>
<td>Breaststroke</td>
<td></td>
</tr>
</tbody>
</table>
UNIFORM POLICY 2016

In 2016 we will be strictly adhering to our school uniform policy as approved and endorsed by the P&C Association. Whilst we have had some leeway regarding shoes for the past few years it has become necessary to fully enforce the uniform policy as some students are now wearing shoes that are nowhere near the black shoe policy.

I am advising you now to ensure that when you are purchasing shoes for 2016 you are aware of the need to purchase black shoes, either leather or sports, to be worn on a daily basis. You will also need to ensure that you have the appropriate coloured jumper or jacket for winter.

Several girls have also commenced wearing skirts to school, this is not to occur under any circumstances.

If you are unsure of the policy the full document can be located on our school website, www.parklakess.eq.edu.au I have included the dress standards for your convenience:

Park Lake State School has the following student dress code:

- Children are expected to travel to and from school each day presented neatly and tidily in correct school uniform (school shirt, school shorts/skorts, black shoes and black laces, white or black socks, school hat, school jumper)
- Safety requirements necessitate the wearing of closed shoes/joggers in leather/vinyl.
- Children must wear a sun safe hat in the playground or sit in an under covered area (not shade of tree).
- Sunglasses may be worn and should be UV filtering and of good quality plastic construction.
- All children attending school excursions must wear full school uniform to ensure safety issues are minimised for the supervising teacher/s.
- Plain studs, sleepers and watches are the only acceptable accessory item.
- Nail polish and make-up are not to be worn. Spray deodorants are not to be brought to school, roll on deodorant is acceptable for older students.
- The school encourages children to be neat and tidy at all times and to take pride in their appearance, for example tying long hair back in the interests of health and safety.
- On free dress days, clothing should be of a standard that is deemed safe, appropriate and not likely to cause offence, and must adhere to the Sun Safety Guidelines if a child is involved in outdoor play or activity.

If your child attends school in items that are not a part of our uniform they will initially be issued with an infringement notice as a reminder, if they continue to attend out of uniform they will be sent to the planning room and will miss out on play until the correct uniform is being worn. If for any reason your child is unable to wear their uniform on a particular day then you will need to provide a note, this will not be accepted as an ongoing reason for being out of uniform.
Feedback from the survey sent out earlier in the year clearly indicated that parents would like us to fully enforce the school dress code. Upon enrolment you sign an agreement to ensure that your child wears the correct uniform and I am asking that you please ensure that your child is prepared for next year with the correct uniform.

Thank you for your support with this matter.

Regards
Craig Larden
Principal

LEAVING PARK LAKE SS END 2015

If you have a child/ren that will be leaving Park Lake SS at the end of term 4, 2015, please notify the office at office@parklakess.eq.edu.au. Once known, please advise the final departure date and the school that they will be attending in 2016.

Please note that this does NOT apply to students currently in Year 6 who will be moving on to high school in 2016.

HOLIDAY CLUB CAMP AUSTRALIA PLSS

Camp Australia will be running a holiday club program at Park Lake State School over the school holidays. Please click on the link below for the program details or visit www.campaustralia.com.au/holidayfun

COMMUNITY ANNOUNCEMENTS

PACIFIC PINES NETBALL SIGN ON DAY

Saturday 28 November
Under 7’s through to senior intermediates
Where: Pacific Pines Community Hub
Pacific Pines
Time: 0900-1400

Come on down and talk to one of our lovely committee who are more than happy to help you out. We look forward to seeing you all back for another great season in 2016.

Can Saver Plus assist you with school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner), such as full-time, part-time, casual or seasonal work, and have a child at school or study yourself.

Contact Sylvia Constantine your local Saver Plus Worker:
(07) 5644 9182 / 0431 075 011
or sylvia.constantine@benevolent.org.au

Saver Plus was developed by AXE and the Brotherhood of St Laurence and is delivered across Gold Coast North by The Smith Family.
The program is funded by AXE and the Australian Government.
Healthy Families

Want to get your kids active and eating well?

The FREE PEACH™ program can help.

PEACH will be running in your local community in Term 1 - 2016.

The program covers:

- Nutrition – choosing and making healthy choices, reading labels and ingredients, dealing with fussy eaters and bans on junk food.
- Physical activity – the benefits of exercise, how to be more active as a family, physical activity recommendations for children and how to reduce screen time.
- Parenting – setting boundaries, planning for change, managing resistance to change, role modelling and how to be balanced and consistent.

PEACH runs weekly within a school term and after school hours.

Sessions are 90 minutes. Parents meet with a trained parent facilitator to discuss topics while children enjoy fun active play run by a trained child facilitator.

ENROL NOW - BY PHONE OR ONLINE.

Free call 1300 263 519 or visit www.peachqld.com.au

Healthier. Happier.