Guidance Officer Support

Park Lake State School has one full time Guidance Officer, who works collaboratively with students, teachers, families and community agencies to ensure every student is learning and achieving their potential within a safe, supportive, inclusive and disciplined environment. Guidance Officers are experienced teachers with additional mandatory qualifications in guidance and counselling/educational psychology. Guidance Officer tasks are responsive and prioritised to meet the needs of the school community.

Support may include:

- Assessing students' developmental levels & abilities.
- Helping students adjust to new settings and transition stages of school.
- Providing personal counselling for individuals and groups.
- Helping students manage relationships.
- Assessing student placement and specialist support needs.
- Advocacy for the educational and personal welfare of students.
- Assistance with crisis management.
- Assisting students with mental health and wellbeing issues.
- Networking and liaison with community support agencies.
- Referrals to support agencies to meet individual student and family needs as required.

If you would like your child to access the Guidance Officer, please contact your class teacher, or year level Deputy Principal, for a referral through our Student Support Services team.

Local Agencies

As Department of Education employees we are unable to recommend any specific external agencies. Please find below some links to websites of local agencies which may be useful in your search for external family supports.

- Accoras free individual outreach support for children.
- <u>Beyond Blue</u> provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.
- <u>Bond University Psychology Clinic</u> extensive range of assessments and interventions for a broad range of psychological and health-related concerns. Charges apply
- <u>Bravehearts</u> provides information, counselling and support relating to child sexual assault and exploitation.
- <u>Child and Youth Mental Health Services</u> A community based service for children who are experiencing severe/complex psychological, emotional or behavioural problems.
- <u>Community Child Health</u> a range of community health and support services for children and their parents or carers to give every child the best possible start in life.
- Family and Child Connect A free service to help with the challenges of Parenthood.
- <u>Gold Coast Social Work Clinic</u> Mental health, Adjusting to change, Grief and loss, Social isolation, Carer issues, Barriers to health and recovery. Charges apply.
- <u>Griffith University Psychology Clinic</u> Comprehensive assessment and treatment by a provisionally trained psychologist, reviewed by an experienced clinical psychologist. Charges Apply.
- <u>Kids Helpline</u> free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25 in Australia
- Oxenford and Coomera Community Youth Centre Family Support and counselling
- <u>Paradise Kids</u> provides education for children about how big life changes such as trauma, death or divorce might affect their wellbeing